

**I.P.S.E.O.A. “ ENZO FERRARI”**

**CLASSE IV SEZ. D T.S.R. ENOGASTRONOMIA**

**ANNO SCOLASTICO 2018/2019**

**PROGRAMMA DI LINGUA E CULTURA INGLESE**

**DOCENTE: GUARINIELLO MADDALENA**

***TEMATICHE TRATTATE dal libro di testo: “Light the fire” , ed. Rizzoli Autori: Assirelli E./Vetri A./Cappellini B.***

### **MODULE 1: MENUS & MEALS**

- Brunch, lunch, dinner and afternoon tea

### **MODULE 2: FOOD AND HEALTH**

- A healthy lifestyle
- Food and health
- The food pyramid and food groups
- Food groups
- The Eatwell Plate
- My Plate

### **MODULE 3: DIETS**

- The Mediterranean diet
- Advantages of the Mediterranean Diet
- Food allergies and intolerances
- Celiac Disease
- Alternative Diets

### **MODULE 4: Food Hygiene**

- Food contamination
- Food poisoning
- Food spoilage and safe storage
- Handling food safely
- Good storage and food classification

## **MODULE 5: Food safety measures**

- Food preservation and food packaging
- Food packaging
- Food safety legislation
- The HACCP system
- HACCP principles

**Argomento Pluridisciplinare:** La cottura sottovuoto a bassa temperatura e la trascrizione di una ricetta in inglese.

**BATTIPAGLIA 07.06.2019**

**LA DOCENTE**

**Maddalena Guariniello**